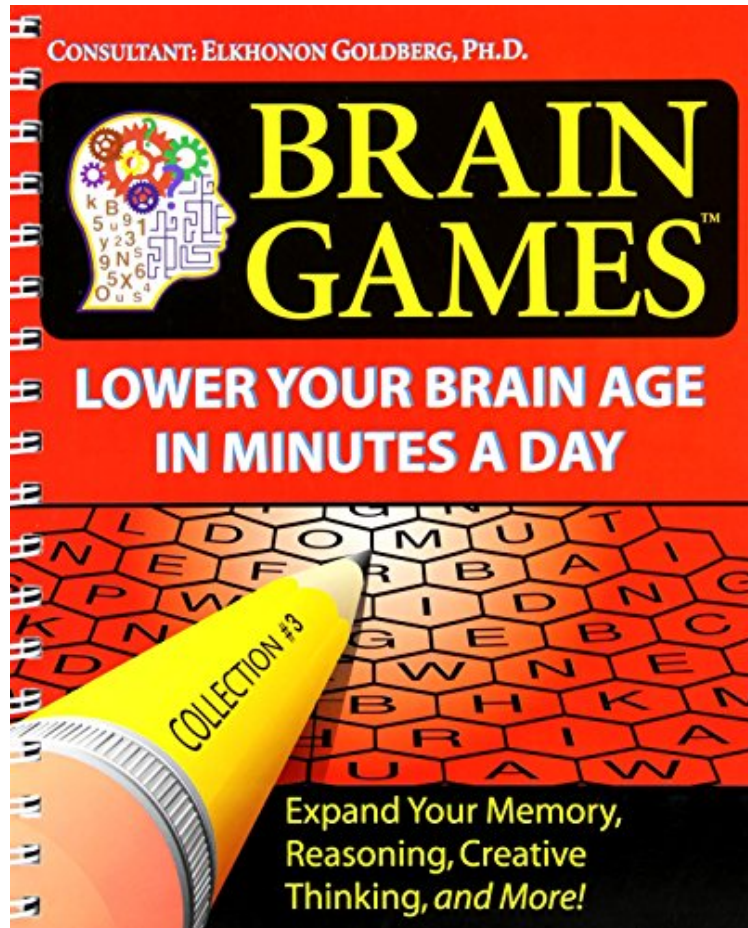


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#12552 in Books PUBLICATIONS INTERNATIONAL, LTD 2007-12-15 Original language: English PDF #1 9.00 x .60 x 7.30l, 1.00 #File Name: 1412714524192 pages Brain Games 3 Memory Reasoning Creative Thinking And More Category: Games Activities Learning Materials Critical Thinking | File size: 79.Mb

Editors of Publications International Ltd. : Brain Games #3: Lower Your Brain Age in Minutes a Day (Brain Games (Numbered)) before purchasing it in order to gauge whether or not it would be worth my time, and all praised Brain Games #3: Lower Your Brain Age in Minutes a Day (Brain Games (Numbered)):

238 of 240 people found the following review helpful. Perfect Puzzle Book By Elizabeth Allen I bought this book with my husband's account. There are already a lot of reviews so this will probably get lost in the mayhem, but I would like to share what I wish more book sellers would show and tell about their puzzle books, such as pictures of random pages and how many of each puzzle type is in the book so you can make sure you do not end up with a variety book filled with a hundred crosswords and only a handful of the more interesting outside the box puzzles. With my rough count, there are about 215 puzzles in the entire book, which is about 170 pages. There are about 7 memory puzzles, 12 crosswords, 13 cryptograms, 13 mazes, 13 sudoku puzzles, 14 mathematical puzzles, 18 word searches, and a vast

selection of other interesting puzzles. Overall, I think this is a wonderful book with a true assortment of fun puzzles that range from easier to harder as you go along. The spiral binding is a definite plus as you don't have to worry about holding open the book or folding back the pages to keep it open. The book also has a clear and large font on big pages. I recommend this book to anyone who loves pencil and paper puzzles, especially fans who are looking for some more challenging puzzles.

0 of 0 people found the following review helpful. The puzzles were good, there was a variety to select from. By Kristina Petrosino The puzzles were good, there was a variety to select from. I like how it labeled what each skill was being tested. It didn't seem like it increased in difficulty at each level (puzzles were labeled level 1, 2, or 3). Also the size is quite large - doesn't fit in a purse or pocket, would love a smaller version. Spiral bound was good feature due to size. Most importantly, I found the answer key frustrating - it didn't give any explanation or starting point for any of the logic puzzles. Would have loved a hint in the answer key or a quick explanation of how to solve it (eg the logic puzzle where you are filling in numbers or letters, a 'start here' or 'look for X characteristics' would have been helpful.) Otherwise you get to a certain point and can't go any further, and can't figure out how they got to the answer (and learn yourself). Will probably look for a different puzzle book next time.

0 of 0 people found the following review helpful. Nice Activity Book. By Lee-Han O My son is almost 5 and has been using this book a little after he turned 4. He loves the activities in this book. When we travel he does a few on the plane to keep his mind busy and at home he does a few a night just before bed. I do see that it keeps his mind fresh like how as adults we play brain games or Sudoku. I wish I could take a picture of the book but he hides it like it's a prized possession. It's great for kids with Autism (like mine) to do these activities because they so similar to what they will be doing in preschool.

Do you want to keep your brain sharp and focused? Here is a book for you: *Brain Games #3: Lower Your Brain Age in Minutes a Day*. Just as exercise can help keep your body fit and in shape, working puzzles and completing mental challenges can help keep your mind fit and healthy. The mental challenges and puzzles in *Brain Games #3* were produced under the guidance of Dr. Elkhonon Goldberg, a renowned professor of neurology. Just as no single exercise machine can give you a full workout, no one type of puzzle can fully exercise your brain. Puzzles of different types exercise different parts of the brain and can enhance these cognitive functions: Analysis Attention Computation Creative thinking General knowledge Language Logic Planning Problem solving Spatial planning Spatial reasoning Spatial visualization Visual search.

Brain Games #3 includes the following types of puzzles that can enhance cognitive functions: Anagrams Crosswords Cryptograms Drawing exercises Language puzzles Logic puzzles Math puzzles Memory puzzles Mazes Observation and perspective puzzles Sequencing games Visual logic puzzles Word searches. The puzzles and mental challenges in *Brain Games #3* get more difficult as you work through the book, and self-assessment quizzes help you gauge your progress. The book is spiral-bound and easy to handle, regardless of whether you're at home, traveling, or waiting in line.