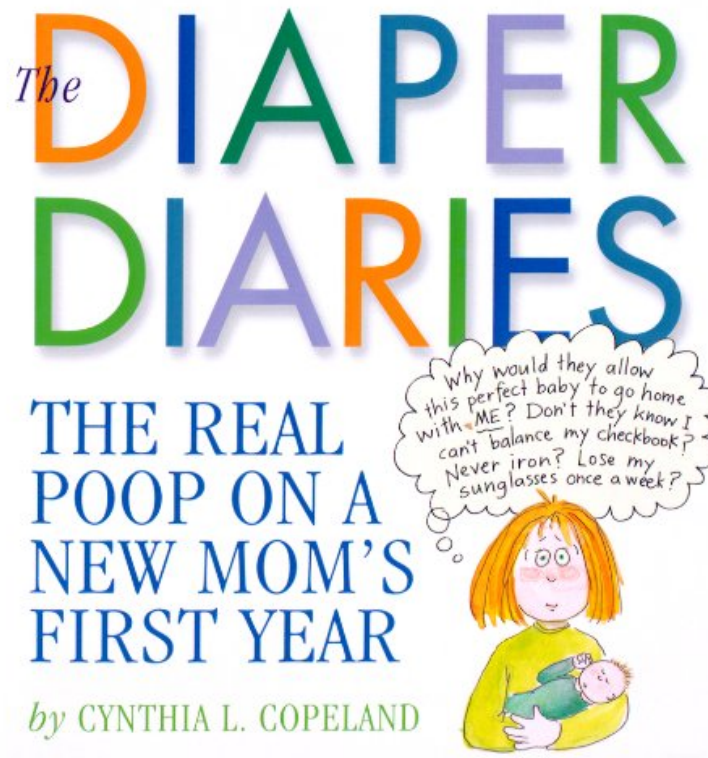


# The Diaper Diaries: The Real Poop on a New Mom's First Year

Cynthia L. Copeland

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**Cynthia L. Copeland : The Diaper Diaries: The Real Poop on a New Mom's First Year** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Diaper Diaries: The Real Poop on a New Mom's First Year:

1 of 1 people found the following review helpful. the last thing you need is to think the most important decision you've made is going to suck from here on outBy NicoleIf you put too much thought into this book, it can draw the life right out of you long before postpartum will. Keep your humor about you and remember, every woman and every couple have the ability to create their own fate when it comes to birthing and raising children. Besides, if your reading this as a first-time mom-to-be (like I did), the last thing you need is to think the most important decision you've made is going to suck from here on out.0 of 0 people found the following review helpful. Cute, but only recommended for non-readers.By MJ2014This book is cute and light, the kind of thing I'd give to someone who doesn't like to read but just wants something funny on the coffee table for when they have 3 free minutes to kill. I am 8 months pregnant, and I was hoping for something to make me feel less overwhelmed, like the first year will be a mess but you'll be okay in the end and parts of it will even be fun. This was not that book, but I strongly recommend "The S\*\*\* No One Tells You..." by Dawn Dais instead. Another thing about "Diaper Diaries," sometimes it is funny in the same way as those birthday cards that make fun of your age - as in, not funny as much as depressing. Reading too much of this book at once made me feel like I was basically about to enter hell. So, I think this book might be good for some people, but not

me.0 of 0 people found the following review helpful. Laugh Out Loud FunnyBy SuzanneI picked this up in a baby store and immediately began laughing out loud! This was given as part of a shower gift to my niece. My thought was that she could read this as she was nursing for a few laughs. It doesn't appear to be anything but humor and sometimes with a new baby humor is sorely needed.

She's hilarious. She's also wise and full of empathy. And she helps new mothers maintain the one thing they can't survive without-a sense of humor. Cynthia Copeland, a mother of three (and author of Really Important Stuff My Kids Have Taught Me, with 325,000 copies in print), knows the real poop-figuratively and literally-on being a new mother, and she has the wit, skill, and generosity to share it.Illustrated throughout with the author's wonderful cartoons, The Diaper Diaries chronicles the first year of motherhood, from the hospital stay (nominees for the world's worst labor coach anyone?) to baby's first birthday and contemplating the unimaginable-having another. There are lists, quizzes, timelines, charts, and real-life stories. Birth announcement faux pas. Names and nicknames and what they really mean. Pacifier tales. A guide to Nana-speak. How a 4-mile car trip can take 2 hours. Why it's impossible to get to work without finding spit-up or rice cereal somewhere on your clothing. Ten reasons to be happy you're up at 3:15 a.m.And, with Mr. Phrenology-like illustrations, a section on the new mother's brain before and after baby, featuring: The Travel Section (Then: How to flirt your way into first class. Now: How to sweet talk your jogging stroller onto the plane), The Television Section (Then: How to tell Carrie from Samantha from Miranda from Charlotte. Now: How to tell Laa-Laa from Po from Dipsy from Tinky Winky), and The Sex Section (Then: Exact location of G-spot. Now: \_\_\_\_\_).

About the AuthorCynthia Copeland is the author of the instant bestseller Really Important Stuff My Dog Has Taught Me and more than 25 other books, including The Diaper Diaries.Her books have sold more than a million copies andhave been featured on Good Morning America, selected for Oprahs O List in O Magazine, recommended by Ann Landers, and featured in Family Circle. Ms. Copeland lives in Keene, New Hampshire.